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A Quarterly Newsletter and Calendar for YouFra



YouFra

KICK-OFF EVENT >>>

Virtual Welcome Party

Shelter-in-place, stay-at-home, social distancing, avoid large gatherings; sports arenas, bars, theaters are closed. If you recently moved to Taylor Place at ASU it is easy to experience loneliness and isolation. We invite you to our Virtual Welcome Party hosted by YouFra. A place to discover friendship and support in these times of COVID-19. The evening will contain virtual games, trivia, community building activities and prizes (Kindle Fire Tablets, Wireless Bone Conduction headphones, ect...).

Date: Wednesday, August 26, 2020

Time: 7:00 PM to 8:30 PM

Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual session.



Young Franciscans (YouFra)

Who and What are We?

Young Franciscans (YouFra) is a fellowship of young people in the United States who feel called by the Holy Spirit to make, in community, an experience of Christian life, in light of the message of St. Francis of Assisi, and to deepen their understanding of their personal vocation. YouFra is coordinated by St. Mary's Basilica and is an official student organization of Arizona State University downtown Phoenix campus.

Welcome

Welcome to Young Franciscans (YouFra), a young adult ministry to college students and young adults. Our young adult leadership team has spent the summer organizing the Fall 2020 outreach, keeping COVID-19 in mind.

We have purchased and upgraded equipment and technology to bring you a virtual outreach to assist in keeping you safe, healthy and holy. We have designed sessions to help you encounter a living God through a variety of prayer experiences, while we practice stay-at-home measures. We have designed sessions to help build friendships and support to combat social isolation. Lastly, we have developed a series of service opportunities to respond to the pressing social and financial issues our local community is facing. We invite you to register online for any of our virtual sessions and receive the virtual link.

Leadership Team

A team of young adults and ASU students organizes YouFra. Follow us on Instagram [@phoenixYouFra](https://www.instagram.com/phoenixYouFra) to learn more about each member and their ministry within YouFra. Our team is:

Ramcy Caballeros
Denice Montero
Sarah Sicard
Victoria Cuaderes
Gilbert Arvizu
David Montero
Joseph Bueno
Marielle Abalo

Invitation to Leadership

If you would like to share and develop your gifts and leadership skills we invite you to join our leadership team. Ask a YouFra leader.

Mitch Krmpotich
YouFra Lead Facilitator (President)



Prayer and Temperament

Session One Live-Stream:

Shelter-at-Home has forced us to spend all day with our families and college roommates. In close quarters, we begin to notice their quirks and habits that can get on our nerves. In this session, we will explore temperament and how to foster effective relationships with others by recognizing and honoring our differences. We will utilize the Keirsey Temperament Sorter to identify our personality preferences.

Date: Wednesday, September 2, 2020
Time: 7:00 to 8:30 PM
Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual session.

Session Two Live-Stream:

We will investigate the relationship between our temperament and different schools of prayer. We will explore Thomistic, Ignatius, Augustinian, and Franciscan forms of Catholic spirituality. We will learn how to utilize our inherent personality strengths to enrich our prayer life and our relationship with God and others.

Date: Wednesday, September 9, 2020
Time: 7:00 to 8:30 PM
Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual session.



Session Facilitator

Br. Scott Slattum, OFM is a Franciscan Friar of the Province of Saint Barbara. He currently serves as the Director of Faith Development at St. Mary's Basilica in Phoenix, Arizona and is the Spiritual Assistant for YouFra. In 2007 he was named Outstanding Faith-Based Leader for the State of Oregon.



PRAYING FOR HEALING, DURING TIMES OF STRUGGLE >>>

Scriptural Guided Meditations – Live Stream

These scriptural guided meditations are a type of prayer form that calls upon our imagination. Using our imagination, we place ourselves in the scripture passage and allow the Holy Spirit to help us enter into the presence of Jesus, whereby we open ourselves up to the possibility of transformation. This prayer form combines Ignatian and Augustinian schools of prayer.

Courage: Take up Your Mat and Walk

This empowering prayer experience, "Take Up Your Mat and Walk," is based on Jesus' cure of the paralytic (Mark 2:1-12). It reminds us that if we have faith in Jesus, he will grace us with the courage to overcome that which immobilizes us. He will bless us with the courage to move toward healthy choices, toward what is life giving, toward what is essential to our convictions.

Date: Wednesday, October 14, 2020
Time: 7:00 to 8:30 PM
Register Online: www.smbphx.org/YouFra

Loss: Lord, If Only You Had Been Here!

This healing prayer experience, "Lord, If Only You Had Been Here!" is based on the pain and grief experienced by Mary, Martha, and Jesus at the death of Lazarus (John 11:1-44). It reminds us that Jesus, too, feels the anguish of loss, and he offers us his compassion and comfort in the midst of our suffering, no matter what its source.

Date: Wednesday, November 11, 2020
Time: 7:00 to 8:30 PM
Register Online: www.smbphx.org/YouFra



The Word of the Lord – Live Stream

The Bible can be like a good and trusted friend we take for granted. We know the friend is loyal, always there to help us, and ready with worthwhile advice. Nevertheless, we might avoid going to the friend for various reasons. This session is meant to help you feel comfortable enough with the Bible that you will be able to approach its pages as you would a good friend. This approach will utilize the Thomistic school of prayer.

Date: Wednesday, October 21, 2020
Time: 7:00 to 8:30 PM
Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual session.

Justice and Service

Habitat for Humanity Orientation – Live Stream

Too many residents in Central Arizona do not have a simple, decent affordable place to live. Almost 17% of the population of Maricopa County lives in poverty conditions. That number is now increasing with the economic fallout from COVID-19. Habitat for Humanity mission is to build homes for low-income and homeless families. They seek to put God's love into action by bringing people together to build homes, communities and hope. You and your friends are being invited to join in this mission of God's love and build a home. A great way to experience the Franciscans school of prayer; praying with your hands and feet.

Date: Wednesday, September 30, 2020
Time: 7:00 to 8:30 PM
Register Online: www.smbphx.org/YouFra



After registering, you will receive a confirmation email containing information and the link to join the virtual session.

After the Orientation:

We will be invited to volunteer on a local site once-a-month. The activities of the day can vary and may include painting, drywalling, framing, carpentry, roofing, site clean-up, and landscaping. Instruction and tools are provided on site and no experience is necessary. Not only will you help house a low-income family, you will learn basic home-building and maintenance skills.

Saturday Morning Retreat – Live Stream

The Catechism of the Catholic Church (CCC 2691) speaks of places favorable for prayer and identifies the home with a "prayer corner" as such a place, referring to it as a "little oratory." A place to nourish continual prayer throughout the day; especially as we practice stay-at-home measures to reduce the spread of COVID-19.

The Tradition of the Church also proposes to the faithful certain rhythms of praying intended to nourish continual prayer. Together we will explore those prayers: morning and evening prayer, grace before meals, etc...

Community Life

Virtual Hangout – Live Stream

Join us for a virtual young adult hangout to check-in with one another. How are you doing? What are your joys and challenges this last month? Who needs prayer? We'll also spend the night playing some virtual games. Prizes throughout the night.

Date: Wednesday, October 7, 2020
Time: 7:00 to 8:30 PM
Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual session.

Home Blessing Kit

Participants of the Saturday Morning Retreat will receive a Home Blessing Kit. The Kit includes:

- Home Blessing Guide for Laity
- Holy Water with Holy Water Bottle
- Blessed Candle
- Grace Before Meal Holy Card
- St. Francis of Assisi Holy Card

Date: Saturday, September 19, 2020
Time: 10:00 to 12:00 PM
Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual session.

Virtual Hangout – Live Stream

Join us for a virtual young adult hangout to check-in with one another. How are you doing? What are your joys and challenges this last month? Who needs prayer? We'll also spend the night playing some virtual games. Prizes throughout the night.

Date: Wednesday, November 4, 2020
Time: 7:00 to 8:30 PM
Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual session.



YouFra is affiliated with St. Mary's Basilica

Address:
231 N. 3rd Street
Phoenix, AZ 85004

Phone: 602-354-2082
Email: YouFra@smbphx.org
Website: smbphx.org/YouFra
Facebook: [@SMBasilica](https://www.facebook.com/SMBasilica)
Twitter: [@SMBasilica](https://twitter.com/SMBasilica)
Instagram: [@PhoenixYouFra](https://www.instagram.com/PhoenixYouFra)

History of St. Mary's Basilica

St. Mary's Basilica is the oldest Catholic parish in Phoenix founded in 1881. On September 2, 1985, His Holiness Saint Pope John Paul II proclaimed St. Mary's a Minor Basilica. He then visited St. Mary's Basilica, knelt in prayer in the center aisle and then spoke to the crowd from the balcony on September 14, 1987. You can watch his historic visit by clicking on the following link: [Arizona Visit](#).

St. Mary's Basilica is also a Franciscan Community. The Franciscan Friars have prayed, ministered, and worked at the Basilica with a commitment toward the poor, vulnerable, and marginalized for over 135 years.

Mass Schedule

Weekdays:
12 PM Noon
Weekends:
[Saturday 5 PM / Sunday 9 AM](#)

Young Adult Mass

Young Franciscans (YouFra) will gather every Saturday at 5 PM at St. Mary's Basilica for Mass. During COVID-19, restrictions Mass will be a simple liturgy (No Singing & Short Homily). Reception for ASU students and young adults in the outdoor plaza to follow.

Opening Mass: August 29, 2020 – 5 PM

Location: St. Mary's Basilica / 231 N 3rd St. – Phoenix

Weekly Reception for ASU Students and Young Adults

Featuring a variety of refreshing delights every Saturday after Mass.



Eucharistic Adoration – with Praise and Worship

Adoration of the Most Blessed Sacrament is a time we Catholics (or anyone with a prayerful heart) take to worship the true God in the person of Jesus Christ who is really, truly present in the Eucharistic host. We will offer our prayer and praise through music directed by Gordon Stevenson, music director at St. Mary's Basilica.

Date: Wednesday, September 23, 2020

Time: 7:00 to 8:30 PM

Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual service.



Date: Wednesday, November 25, 2020

Time: 7:00 to 8:30 PM

Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual service.

Taizé Prayer Service – with the Relic of the True Cross

Taizé is just an elegantly simple service: short song chants, often in Latin, repeated over and over in the candle lite dark of the Church. Then a short Scripture reading, reflection, followed by profound silence as we gaze upon, consider, contemplate, and imitate the crucified Christ on the cross in the tradition of St. Clare of Assisi. Then ending with a blessing with the Relic of the True Cross.

Date: Wednesday, October 28, 2020

Time: 7:00 to 8:30 PM

Register Online: www.smbphx.org/YouFra

After registering, you will receive a confirmation email containing information and the link to join the virtual session.



Sacramental Preparation

Do you know someone who needs more JOY in their life?

Become an ambassador of welcome for YouFra and St. Mary's Basilica. Be on the lookout for young adults who need more joy in their lives, and invite them to encounter Jesus and learn more about the Catholic faith through the inquiry stage of the Rite of Christian Initiation of Adults (RCIA). This is the process adult seekers are prepared for Baptism and those baptized in other faith traditions become Catholic. Online Sessions are held on Tuesday's from 7:00 PM to 8:30 PM.

Sessions Begin

Date: Tuesday, September 8, 2020

Time: 7:00 PM to 8:30 PM

Place: Live-Stream Sessions

Sacramental Preparation

Were you baptized Catholic, but haven't received your First Reconciliation, First Communion, and/or Confirmation? You are not alone. It is not too late to begin a period of adult preparation through the Rite of Christian Initiation of Adults (RCIA) to receive these sacraments. Sessions are held on Tuesday's from 7:00 PM to 8:30 PM.

Sessions Begin

Date: Tuesday, September 8, 2020

Time: 7:00 PM to 8:30 PM

Place: Live-Stream Sessions

[For More Information or to Register:](#)

Br. Scott Slattum, OFM

Phone: 602-354-2082

Email: sslattum@smbphx.org



CATHOLICISM
101

Our Lady of Guadalupe – Live Stream

The Feast of "Our Lady of Guadalupe" commemorates the appearance of the Virgin Mary to Juan Diego an Aztec Indian, December 12 of 1531. Together we will explore why this celebration is especially important for Mexicans and the different elements of the celebration (vigils, dances, prayers, etc..) and festivities (food, etc..).

Date: Wednesday, November 18, 2020

Time: 7:00 to 8:30 PM

Register Online: www.smbphx.org/YouFra