

Prayer and Temperament

Different Prayer Forms for Different Personality Types

Description:

We'll investigate the relationship between your "temperament" and different schools of prayer. We'll explore Thomistic, Ignatian, Augustinian, and Franciscan forms of Catholic spirituality, which utilize different temperament strengths. And with a greater understanding of your own "temperament" you will be better able to take advantage of opportunities to foster more effective relationships that enable you to deal more constructively with the differences between you and other people.

Learning Outcomes:

- Identify your personality preferences utilizing the Keirsey Temperament Sorter. Are you extraverted or introverted? Are you sensing or intuitive? Are you a thinker or feeler? Are you perceiving or judging?
- Better understand yourself and learn to appreciate others' styles, which enables you to deal more constructively with the differences between you and other people.
- Learn how to utilize your inherent personality strengths to take advantage of different prayer forms to enrich your prayer life and your relationship with the Holy Trinity.

Date:

Wednesday, August 29, 2018

Time:

7:00 PM to 8:30 PM

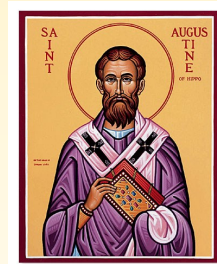
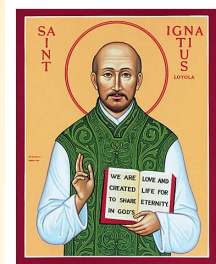
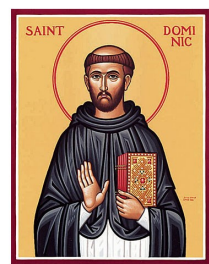
Refreshments will be provided.

Location:

St. Mary's Basilica
Social Hall
231 N 3rd Street
Phoenix, AZ 85004

For More Information:

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Join our Young Adult Roster

Last Name

First Name (s)

Address Line

City

State

Zip Code

Phone Number

Email Address

Are you a College Student: (Where?) _____

Mail or Return:
Alternative:

St. Mary's Basilica or hand deliver the form during a group session.
Email sslattum@smbphx.org with the above information.

