

### Dates:

Wednesday, September 26, 2018

### Time:

7:00 PM to 8:30 PM Refreshments will be provided.

#### Location:

St. Mary's Basilica Social Hall 231 N 3rd Street Phoenix, AZ 85004

### For More Information:

Br. Scott Slattum, OFM 602-354-2082 sslattum@smbphx.org

# **Lectio Divina**

## Readings and Praying with Scripture

## Description:

Scripture is the key to discovering our vocation to love God and one another. By reading and praying with Scripture we come to know and experience God's love for us and how God is calling us to love one another. One ancient method for reading and praying with Scripture is called, *Lectio Divina*.

Lectio Divina (divine reading) is a form of meditation rooted in liturgical celebration that dates back to early monastic communities. It was a method practiced by monks in their daily encounter with Scripture, both as they prepared for the Eucharist and as they prayed the Liturgy of the Hours. While they read and prayed with the Scriptures they invited the Word of God to become a transforming lens that brought the events of daily living into focus, so they could live more deeply and find the presence of God more readily.

## **Learning Outcomes:**

• Learn the method of lectio divina, as described by Pope Benedict XVI, which follows five steps: *lectio* (reading), *meditatio* (meditation), *oratio* (prayer), *contemplatio* (contemplation), and actio (action).





## Join our Young Adult Roster

Last Name	First Name (s)		
Address Line			
City	State	Zip Code	
Phone Number	Email Addr	ess	
Are you a College Student: (	Where?)		

Mail or Return: St. Mary's Basilica or Hand Deliver Form During a Group Session.

Alternative: Email sslattum@smbphx.org with the above information.